



## SAFE OPERATING PROCEDURE ADVENTURE ACTIVITY Flying Fox Camp Waikato Front Pond

- 2 supervisors over 18 years old, per 12 participants
- All activity supervisors to be trained by a CYC Instructor
- All equipment must be fitted and used correctly.
- Supervisor on Take Off End must wear a correctly fitted harness and remain connected to safety line while on the platform.
- Only one participant on the flying fox and one participant on the platform at a time (max weight 120kg and minimum height of 1m)
- Expectant mothers or participants with injured backs should not go on the flying fox
- No loose fitted clothing or loose jewellery, long hair must be tied back
- All participants must wear covered shoes – crocs don't count
- Participants must take off from lowest step that they can reach
- Participants must keep their hands below their heads and feet towards the ground at all times when on the flying fox.
- Communicate with other supervisor using clear hand signals and visual clarification. Two arms up in a Y shape with thumbs up as a go visual and arms across chest in X shape as a no visual.
- Make sure the flying fox line is clear including objects in the water and that there are no obstructions on the steps or at the dismount end - kayaks and raft building are prohibited on lake when Flying Fox is in use.
- Activity Supervisors for Take-off end and Dismount End to go through the Check Procedure
- Participant **must** put feet **down** on the **ground** at the landing side of the Flying Fox to slow them down.
- Activity supervisor to take pulley off at other end and participant to walk pulley back with harness on by leaving through the personal Gate and going around the outside of the fenced Lake area.
- Supervisors must supervise participants at all times and must not leave equipment unattended.
- Have extra supervision for participants that are waiting when required to safely run the activity.
- Reapply sunblock regularly on fine days; If a Natural Hazard e.g. severe weather event takes place, CYC staff reserve the right to close the activity
- Keep harnesses and other flying fox equipment clean and place in a locked container, in a dry area, when not in use.

**All damage and injuries must be reported to CYC Staff as soon as practicable**

**Failure to follow these instructions could result in injury.**

**CYC reserve the right to close this activity if these instructions are not followed.**

**To contact CYC Staff go to the office**

Reviewed January 2026



SAFE OPERATING PROCEDURE  
CHECK PROCEDURE FOR  
WAIKATO TAKE OFF END

## Flying Fox

1. **Trolley** on cable with **safety line** attached
2. **Harness** on properly
3. **Attach person** to trolley via long strap  
**carabineer**
4. **Attach person** to *cable* via short strap  
**carabineer**
5. **Triple squeeze check** (2 carabineers and trolley gate)
6. Explain **two hands on the plastic rope cover**
7. Explain **dragging feet on the landing side to help slow down if participant can reach.**
8. Ensure **line is clear** and wait for **Go** signal.
9. Release **safety line** and **walk** down steps



SAFE OPERATING PROCEDURE  
CHECK PROCEDURE FOR WAIKATO  
DISMOUNT OFF END

## Flying Fox

1. **Check** that the landing platform is clear of objects
2. **Check** that the line is clear including boats on the water
3. Make the **Go** signal if **line is clear** (Two arms up in a Y shape with thumbs up)
4. **Wait** for participant to stop and show the **Stop** signal (arms across chest in X shape) if needed
5. **Dismount** the participant for the line using the box step if needed.
6. Participant to **walk** their pulley back to the take-off platform with harness on via the personal gate



**Please wait  
below the  
steps!**